

# CHILDREN WHO WITNESS ABUSE PROGRAM RESOURCE LIST

BC/Yukon Society of Transition Houses, May 2002

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## Table of Contents

1. Program and other Manuals
2. Workbooks
3. Books
  - a) **Children and Adolescents**
  - b) **Parents and Professionals**
4. Booklets
5. Videos
  - a) **First Nations**
  - b) **Children and Youth**
  - c) **Adults and Professionals**
6. Videos Available for Loan at BC/ Yukon Society's Library
7. Games
  - a) **Books of games**
  - b) **Games**
  - c) **Play Therapy Tools**
8. Order Information

PLEASE NOTE: Prices may vary depending on supplier.

Items available for loan from BCYSTH Library (as of March 2006) are marked with a star \*  
(The library also has more current materials)

## **1. Program and other Manuals**

1. A.S.A.P., A School-Based Anti-Violence Program. Contains a Facilitators Manual and Video. Strategies and program materials for elementary school aged children. London Family Court Clinic, 1994. (London Family Court Clinic, \$65). \*  
*Not in Catalogue*

2. Children's Domestic Abuse Program, Group Manual. Contains Introduction to the Children's Program. Group Sessions for children ages 3-5, 6-8 and 9-12. (Kidsrights). \*  
*Not in Catalogue*
3. Children Who Witness Abuse Group Program. Contains Lesson Plans and Activities for preschool aged children. Developed by Judy Kerr, John McKenzie-Cooper and Carol Elliot. (B.C./Yukon Society of Transition Houses, \$20). \* BC30 BCY REFERENCE; a copy on "Not in System" (NIS) shelf  
*Not in Catalogue*
4. End Violence: A manual for group leaders, 2<sup>nd</sup> Ed. A resource manual for leaders providing groups for children and their parents who have been traumatized by family violence. Edited by Kerrin Churchill, Marian Crockford and Beth Hoen. AISLING Discoveries child and Family Centre, 2001. (Source Resource, \$50).  
*Not in Catalogue*
5. Group Treatment for Children Who Witness Woman Abuse. A manual for practitioners. Contains detailed curriculum for 10 group sessions, which can be adapted for children of all ages. The Community Group Treatment Program for Child Witnesses of Woman Abuse, 1997. (Children's Aid Society). \* CH30 Loo
6. Groupwork with Child Witnesses of Domestic Violence, A Practitioners Manual. (The Domestic Abuse Project). \* CH30 Pel REFERENCE CWWA; CH30 Pel c.2; CH30 Pel c.3
7. Healthy Choices: Children's Support Group and Teen Support Group. Designed for girls 10-14 years of age. (South Okanagan Women In Need Society). \* CH30 Sou
8. How to develop a Group Activity Program for children in Transition Homes and Shelters: A Self-Study Manual. Written by Maxine Topley. (YM-YWCA of Winnipeg, \$15.98 + \$4.50 shipping and handling). \* CHBox05 BC20Top
9. Manual for a Group Program for Children Exposed to Wife Abuse. (London Family Court Clinic, \$20). \* CH30 Kay (c. 1, c. 2, c. 3); CH30 Wil c.4
10. Outreach to Teens: A manual for counsellors who work with Teen Victims of Violence Against Women. Contains Individual Counselling and Group materials. Written by DeAnne Fitzpatrick, M.Ed. (Cumberland County Transition House Association). \* YOBox01 YO40Fit; YOBox01 YO40Fi2
11. Project Child Recovery: Group Intervention for Child Witnesses of Family Violence. Contains detailed curriculum for children age 5-8 and 9-12. Written by Dave Yawney and Brenda Hill, 1993. (YWCA of Lethbridge or the Society for the Prevention of Child Abuse and Neglect). \* CH30 YWC

12. Teasing and Bullying and Unacceptable Behavior. A manual for children in grades 4-6 and adaptable for K-3. Designed for parents and professional organization. This manual helps children take responsible action and has proven to change attitudes. Written by Marilyn Langevin, M.Sc. SLP ©, 2000. (Institute for Stuttering Treatment and Research).  
*Not in Catalogue*
13. What About the Kids? Community Intervention in Domestic Assault Cases, A Focus on Children. Duluth Domestic Abuse Intervention Project. \* CH30 Pen REFERENCE CWWA 2; a copy on NIS shelf (*Not in Catalogue*)  
\*\*\*THIS IS OUT OF PRINT - THEY HAVE GIVEN THE SOCIETY PERMISSION TO REPRODUCE AT COST = \$25 \*\*\*
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## 2. Workbooks

1. An Elephant in the Living Room. A workbook and storybook for children who are living in families where drinking is a problem. Designed for children ages 7 through to early adolescence. Jill Hastings and Marion Typpo, 1984. (Chapters, \$9.95). \* CH00 Typ; CH50 Has
2. A Volcano in My Tummy. Contains activities to help children understand and gain skills about anger and self-esteem. Designed for children ages 6-15. Eliane Whitehouse and Warwick Pudney, 1996. (Odin Books, \$15.95 or Source Resource, \$24). \* CH00 Whi
3. Back on Track. Self-help workbook for boys dealing with sexual abuse. Designed for boys 10 years old and up. Leslie Wright, 1997. (Odin Books, \$23.95).  
*Not in Catalogue*
4. Creative Interventions For Troubled Children and Youth. Contains approximately 30 activities set out in detail that deal with assessment, feelings, social skills and self-esteem. Designed for both children and adolescents. Liana Lowenstein, M.S.W., C.S.W., CPT.S., 1999. (Source Resource, \$30).  
*Not in Catalogue*
5. Earthlight: New Meditations for Children. Meditations help: release creativity; be free from fears; enjoy adventures and develop inner peace and strength. Designed for parents to help children. Maureen Garth, 1998. (Odin Books, \$18.50).  
*Not in Catalogue*
6. Emotions Activity Manual. Contains 40 emotional exercises. Designed for children of any age. Estelle Leutenberg and Kathy Korb-Khaisa, 2000. (Odin Books, \$18.95).  
*Not in Catalogue*
7. Energizers and Icebreakers- Book 1 and 2. Books containing activities, which instill motivation and help with "getting to know you". Designed for all ages. Elizabeth Sabrinsky, 1998. (Odin Books, \$15.95 each).

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\* Available for loan from the BCYSTH Library

*Not in Catalogue*

8. Group Treatment for Children Who Witness Women Abuse. Contains group activities and layout for Facilitators. Designed for children ages 5-12. Susan Loosley and contributors, 1997. (E-mail: [Imarshall@caslondon.on.ca](mailto:Imarshall@caslondon.on.ca)). \* CH30 Loo
9. High Tops. A workbook containing activities for teens who have been sexually abused. Designed for teenagers 14-17. Robinson et al, 1999. (Odin Books, \$22.95).
10. I Wish the Hitting Would Stop. A 28-page workbook for children who have experienced violence in their home. Designed for children ages 6-14. Susan Patterson, 1990. (Source Resource, \$6). \* CHBox14 FA50Pat; CH50 Pat
11. Living with My Family. A 32-page workbook for children who have witnessed abuse in their homes. Designed for children ages 5-14. Wendy Deaton and Kendall Johnson, 1991. (Source Resource, \$16). \* CH50 Dea 1991 c.1; CH50 Dea 1991 c.2
12. Moonbeam: Meditations for Children. Meditations help: awaken creativity; sleep peacefully; develop concentration and quiet fears. Designed for parents to help children. Maureen Garth, 1998. (Odin Books, \$17.50).  
*Not in Catalogue*
13. Push and Shove: Bully and Victim Activity Book. Involves children through simple and easy to understand stories and activities. Designed for younger children. Jim and Joan Boulden, 1994. (Odin Books, \$9.95).  
*Not in Catalogue*
14. Series of Workbooks. Workbooks on divorce, blended families, bereavement, substance abuse etc. Designed for children in grades 2-7. Jim and Joan Boulden, 1994.  
*Not in Catalogue*
15. Therapeutic Exercises for Children. A book of worksheets that provides guided self-discovery using Cognitive Behavioral Techniques. Designed for children ages 8-12. Robert Friedberg and contributors, 2001. (Source Resource, \$43).  
*Not in Catalogue*

**3. Books****a. Children and Adolescents**

1. A Safe Place. Shows feelings and life of a child in a Transition House. Designed for younger children staying at a Transition House. Maxine Trottier, 1997. (Odin Books, \$27).  
*Not in Catalogue*

\* Available for loan from the BCYSTH Library

2. Blink, Blink, Clop, Clop: Why Do We Do Things We Can't Stop? A story and description of obsessive-compulsive disorder. Designed for children ages 5-12. E. Katia Moritz and Jennifer Jablonsky, 1998. (Source Resource, \$27).  
*Not in Catalogue*
3. Clover's Secret. A fantasy story that deals with issues of domestic violence and low self-esteem. Designed for children ages 5-10. Christine M. Winn and David Walsh, Ph.D., 1996. (Source Resource, \$22).  
*Not in Catalogue*
4. Dealing With Bullying. A conflict resolution book that deals with bullying, insults, threats, fighting, intimidation, and feelings. Designed for elementary school age children. Marianne Johnston, 1996. (Odin Books).  
*Not in Catalogue*
5. Don't Feed the Monster on Tuesdays! A story dealing with self-esteem issues. Designed for children ages 6-10. Adolph Moser, 1991. (Odin Books, \$26.95 or Source Resource, \$30).  
*Not in Catalogue*
6. Don't Rant and Rave on Wednesdays! A story dealing with anger and anger solutions. Designed for children ages 6-10. Adolph Moser, 1994. (Odin Books, \$26.95 or Source Resource, \$30).  
*Not in Catalogue*
7. Eggbert The Slightly Cracked Egg. A story expressing that being different is okay. Designed for elementary school aged children. Tom Ross and Rex Barron, 1997. (Odin Books, \$9.50).  
*Not in Catalogue*
8. Free to Be...A Family: Stories, songs and poems for children and adults. Marlo Thomas, 1987. (Chapters, \$22.95).  
*Not in Catalogue*
9. George and Martha: Tons of Fun. 5 brief episodes reveal the ups and downs of a great friendship. Designed for elementary school aged children. James Marshall, 1980. (Chapters, \$24.95).  
*Not in Catalogue*
10. Hands are Not for Hitting. A book illustrating good things that hands can do. Designed for children ages 4-10. Martine Agassi, 2000. (Odin Books, \$18.95).  
*Not in Catalogue*
11. I Can't Wait. A book dealing with problem solving. Designed for children ages 3-12. Elizabeth Crary, 1982. (Odin Books, \$9.95).  
*Not in Catalogue*

12. I'm Frustrated; I'm Mad; I'm Proud- Dealing with Feelings Series. Designed for elementary school aged children. Elizabeth Crary, 1979. (Source Resource, \$15 each). \* CH50 Cra 1992; CH00 Cra 1992; CH50 Cra
13. I Like Me. A storybook dealing with self-esteem issues. Designed for children ages 3-8. Nancy Carlson, 1990. (Odin Books, \$8.99). \* CH40 Car
14. It's My Body. A book to teach young children how to resist uncomfortable touch. Designed for younger children. Lory Freeman, 1988. (Odin Books, \$8.95).  
*Not in Catalogue*
15. Mom And Dad Don't Live Together Anymore. A book dealing with separation and divorce. Designed for children ages 3-10. Kathy Stinson, 1997. (Firefly Books Ltd).  
*Not in Catalogue*
16. Mommy and Daddy Are Fighting. A book about parents fighting, which creates discussion with children about arguments and family violence. Designed for children ages 3-10. Susan Paris, 1986. (Odin Books, \$13.95).  
*Not in Catalogue*
17. My Mother is Weird. A book about a mom having a bad day and how her daughter makes her feel better. Designed for children ages 4-10. Rachna Gilmore, 1988. Ragweed Press.  
*Not in Catalogue*
18. Never, No Matter What. A story about a Mom and 2 children leaving an abusive home and going to a Transition House. Designed for children ages 3-10. Maryleah Otto, 1992. (Odin Books).  
*Not in Catalogue*
19. Simon's Hook. A story dealing with teasing and put-downs. Designed for children of all ages. Karen Burnette, 1999. (Odin Books, \$13.95).  
*Not in Catalogue*
20. Something Happened And I'm Scared To Tell. A book about young victims of abuse. Designed for children ages 3-7. Patricia Kehoe, 1987. (Source Resource, \$8.95).  
*Not in Catalogue*
21. Something Is Wrong In My House. A book about parents fighting. Designed for children ages 5-10. Diane Davis, 1984. (Source Resource). \* BCBox14 BC60Dav; CH00 Dav 1992
22. The Secret of the Silver Horse. This storybook teaches children that secrets about sexual abuse should not be kept. Designed for elementary school aged children. The Minister of Justice and Attorney General of Canada, 1989. (The Department of Justice Canada, Communication and Public Affairs, no charge). \* CH40 Can

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\* Available for loan from the BCYSTH Library

23. Therapeutic Stories that Teach and Heal. Contains 108 therapeutic stories for children. Nancy Davis and Valerie Solarz, 1996. (Source Resource, \$105). \* TH70 Dav
24. The Trouble With Secrets. A story about good and bad secrets. Designed for children ages 5-8. Karen Johnsen, 1986. (Source Resource, \$8.95).  
*Not in Catalogue*
25. We Can Get Along. A book that teaches children alternatives to hitting. Designed for children ages 4-10. Claudia Rohling, 1999. (Source Resource, \$18).  
*Not in Catalogue*
26. What Is A Feeling? A storybook that helps children identify what a feeling is and explores the feelings with explanations and pictures. Designed for younger children. David W. Krueger, M.D., 1993. (Odin Books, \$9.95). \* CH00 Kru
27. When Mommy Got Hurt. A book containing messages such as violence is wrong, it is not the child's fault, it happens in a lot of homes and it is okay to talk about it. Designed for younger children. Ilene Lee and Kathy Sylwester, 1997. (Kidsrights).  
*Not in Catalogue*
28. When Nothing Matters Anymore. A survival guide for depressed teens. It contains descriptions of types of depression and includes true stories. Bev Cobain, 1998. (Source Resource, \$37).  
*Not in Catalogue*

#### **b. Parents and Professionals**

1. 100 Ways to Enhance Self-Concept in the Classroom. Jack Canfield and Harold Wells, 1976. (Odin Books, \$79.95).  
*Not in Catalogue*
2. Backtalk: Ending Rude Behavior. Teaches how to recognize and curb children's rude behavior despite social cues that it is humorous vs. disrespectful to others. Designed for parents. Audrey Ricker and Carolyn Crowder, 1998. (Odin Books, \$16).  
*Not in Catalogue*
3. Because Life Goes On...Helping Children and Youth Live With Separation and Divorce. A guidebook for parents to help and understand their children during separation. Health Canada, 2000. (Publications Health Canada).  
*Not in Catalogue*

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\* Available for loan from the BCYSTH Library

4. Breaking the Silence: Art Therapy With Children from Violent Homes. This book shows the power of art therapy as a tool for intervening with children from violent homes. Designed for professionals. Cathy Malchiodi, 1997. (Source Resource, \$60). \* CH10 Mal
  5. For Your Own Good- Hidden Cruelty in Child Rearing and the Roots of Violence. Designed for both parents and professionals. Alice Miller, 1990. (Chapters, \$18.95).  
*Not in Catalogue*
  6. Groupwork with Children of Battered Women. Designed for professionals. Peter Jaffe and David Wolfe, 1990. (Odin Books, \$59.95).  
*Not in Catalogue*
  7. Growing Up Again: Parenting ourselves, parenting our children. This book addresses parenting issues while helping to heal and affirm parent's own issues. Jean Illsley Clarke and Connie Dawson, 1999. (Odin Books, \$25.50). \* FA20 Cla
  8. Guiding Your Child Through Grief. This book is a guide about the ways that children grieve. It contains ways to communicate, signs of depression, insights, advice, and information. Designed for parents of children of all ages. MaryAnne and James Emswiler, 2000.  
*Not in Catalogue*
  9. How to Cope With Mental Illness in Your Family. Contains helpful information for all concerned. Designed for parents, but can be appropriate for older children. Marsh and Dickens, 1997.  
*Not in Catalogue*
  10. Kids Can Cooperate. Designed for parents. Elizabeth Crary, 1979. (Odin Books, \$17.95).  
*Not in Catalogue*
  11. Soul Murder: The Effects of Childhood Abuse and Deprivation. Designed for parents and professionals. Leonard Shengold, M.D., 1989. (Chapters, \$61.95). \* CH10 She
  12. Testifying on Behalf of Children: A Handbook for Canadian Professionals. Robin Vogl and Nick Bala, 2001. (Thompson Books, \$19.95).  
*Not in Catalogue*
  13. The Resilient Self: How Survivors of Troubled Families Rise Above Adversity. Designed for adults and professionals. Steven J. Wolin and Sybil Wolin, 1993. (Chapters, \$32). \*  
*Not on shelf (02/17/06)*
  14. Understanding Children's Drawings. Contains guidelines for helping children draw, asking appropriate questions and understanding messages embedded in drawings. Designed for professionals. Cathy A. Malchiodi, 1998. (Source Resource, \$33).  
*Not in Catalogue*
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15. When Anger Hurts Your Kids. This book takes a good look at parent's triggers to their children's behavior. Contains information on how to act and how to not be reacting. Designed for parents. Mathew McKay. (Odin Books, \$20.95).  
*Not in Catalogue*
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#### 4. Booklets

1. Sexual Abuse Information Series, VISACS-Family Services of Greater Vancouver, including:

##### Sexual Abuse Information Series I:

- Sexual Abuse Counselling: A Guide for Children and Parents \* CHBox07 CH20HC8; CHBox07 CH20HC9 (*Not on shelf 02/17/06*)
- When Children Act Out Sexually: A Guide for Parents and Teachers \* CHBox07 CH20HC10
- When Boys Have Been Sexually Abused: A Guide for Young Boys \* CHBox07 CH20HC11; CHBox07 CH20HC12 (*Not on shelf 02/17/06*)
- When Teenage Boys Have Been Sexually Abused: A Guide for Teenagers \* CHBox07 CH20HC15; CHBox07 CH20HC16 (*Not on shelf 02/17/06*)
- Sexual Abuse - What Happens When You Tell: A Guide for Children \* CHBox07 CH20HC13; CHBox07 CH20HC14 (*Not on shelf 02/17/06*)

##### Sexual Abuse Information Series II:

- When Girls Have Been Sexually Abused: A Guide for Young Girls \* CHBox07 CH20HC6; CHBox07 CH20HC7
- When Males Have Been Sexually Abused: A Guide for Adult Male Survivors \* CHBox07 ME20HC1; CHBox07 ME20HC2
- When Your Partner Has Been Sexually Abused: A Guide for Partners \* CHBox07 CH20HC1; CHBox07 CH20HC c.2 (*Not on shelf 02/17/06*)
- When Teenage Girls Have Been Sexually Abused: A Guide for Teenagers \* CHBox07 CH20HC3; CHBox07 CH20HC4 (*Not on shelf 02/17/06*)
- Sibling Sexual Abuse: A Guide for Parents \* CHBox07 CH20HC5

#### To Order:

National Clearing House on Family Violence, Health and Welfare Canada 1-800-267-1291. The booklets are free of charge, but there is a limit of two copies per booklet.

2. Children Who Witness Wife Assault (1989). (B.C./Yukon Society of Transition Houses, \$2.50). \*  
*Not in Catalogue*

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\* Available for loan from the BCYSTH Library

3. **Children's Activities Contributed by Participants in Level 2 Children Who Witness Abuse Training (1994).** (B.C./Yukon Society of Transition Houses, \$5.00). \*  
*Not in Catalogue*
  4. **Children Who Witness Abuse Program Counsellor's Handbook: 20 Most Commonly Asked Questions (1995).** (B.C./Yukon Society of Transition Houses, \$5.00). \*  
*Not in Catalogue*
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## 5. Videos

### a. First Nations

1. **A Lot of Love and No Drinking.** (27:18) A video documentary about women sharing their experiences with alcohol abuse. Three northern women (two Metis and one Inuit), who are in different stages of their alcoholism, talk about the role that alcohol played in problems such as child neglect, wife assault, and sexual and emotional abuse. TAWOW Society & Uncle Gabe's Friendship Centre. \* Video WO70 Taw (*Not on shelf 02/17/06*)
2. **Honouring Our Voices.** (32:56) Six women tell of their history of abuse as children, how that abuse continued into their adult relationships, and how they made the choice to stop the cycle of violence and silence. It is continually expressed upon the viewer how important it is to talk about what has, and is, happening. Elder Vera Martin talks about the importance of talking together, laughing together, crying together, and singing together. "Singing in a certain way brings you closer to spirit, I don't know the scientific, I just know that singing does that". This video documents a very encouraging and inspiring approach to First Nations women healing from abuse. Native Counselling Services of Alberta, 1993. \* Video FA50 Nat
3. **Little Voice in the Dark.** (06:48) Animated story, written from a First Nations perspective, about a child trying to understand his friend's family problems. His mother shares her story of growing up witnessing abuse. Designed for elementary school aged children. Susan McCallum/Vera McGinty. Tsawwassen Indian Band, 1992. (Gastown Post and Transfer). \* Video CH10 Lit
4. **Working It Out At Madison: Program #5 The Circle** (28:50) (With Study Guide) Uses the story of a teenaged boy with a drinking problem to explore how First Nations are healing themselves, their families, and their communities, and to identify ways in which these methods can be adopted by non-Native individuals and groups to assist in their healing. BC Council for the Family, 1992. \* Video REL10 BCC

### b. Children and Youth

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\* Available for loan from the BCYSTH Library

1. A Love That Kills. Tragic story of Monica, a 19 year-old murdered by her boyfriend. Designed for teens. National Film Board, 1999. (NFB, \$39.95).  
*Not in Catalogue*
  2. Anger: You Can Handle It. This program teaches specific techniques for handling anger. Designed for children 13 – 18 years of age. (Sunburst Communications, \$139.95).  
*Not in Catalogue*
  3. Angry? 10 Ways to Cool Off. Children are taught to cope with angry feelings. Designed for children ages 5 – 7. Sunburst, 1999. (Sunburst Communications- under “Guidance Videos” section - \$129.95).  
*Not in Catalogue*
  4. Breaking the Chain. (27:09) (With Study Guide) Uses the story of a teenaged girl with an abusive boyfriend to explore the issues of what is, and isn’t, a healthy relationship, identify warning signs, role of family, society, history, and culture in the origins of violence, and explore ways of handling anger constructively. BC Council for the Family, 1992. \* Video FA00 Mad
  5. Enfantillage/Kid Stuff. (05:53) This short video combines drawings and puppet animation. A child sits at his desk, quietly humming as he draws. In the next room, his parents are talking. Their voices grow louder ... a fight is brewing. The child’s drawings convey the impact of his parents’ quarrel with far greater intensity than words could ever manage. National Film Board, 1990. (NFB, \$29.95). \* Video CH30 Enf
  6. Family Ties: A Different Story. An Examination of Family Violence. (24:20) The video was designed as an educational tool for both young people (over the age of 14) and adults on the topic of wife abuse. John Howard Society, 1988. \* Video FA50 Joh
  7. Feelings Yes, Feelings No. Teaches children how to protect themselves from sexual abusers. A must for all concerned with prevention and recognition of sexual assault of children. Designed for parents, and elementary school children. Moira Simpson, 1999 – 2000. (National Film Board).  
*Not in Catalogue*
  8. Go for It: Natural Highs. Young adults share their histories and coping strategies. (Good for alcohol and drug prevention.) Designed for children 12 and up. Sunburst Communications, 1990.  
*Not in Catalogue*
  9. Good Things Can Still Happen. (21:44) An interactive package for professionals to use when working with sexually abused children. This animated film is meant to help abused children ages 6 to 12 that have already disclosed abuse. National Film Board, 1992. (NFB, \$39.95). \* Video CH20Scu2c1; Video CH20Scu2c2  
*Not on Shelf 02/17/06*
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10. Helping Kids Prevent Violence. (2 Videos & Facilitators Guide) Young actors use a video arcade to help illustrate ways to cope with their own anger. Designed for children 6 to 9 years of age. (Johnson Institute).  
*Not in Catalogue*
11. Hidden Feelings. (14:30) Uses puppets to tell the story of David who is witnessing his father's violence against his mother and who is having trouble talking about his feeling. Great part where puppets do "rap" poems about feelings. Central Alberta Women's Emergency Shelter, 1990. \* Video CH30 Cen
12. How I Learned Not To Be Bullied. (14:00) (Video & Teacher's Manual) Uses scenarios to show strategies for dealing with bullies. Designed for children 6 – 8 years of age. Sunburst, 1996. (Sunburst Communications, \$69.95).  
*Not in Catalogue*
13. It's Not Always Happy at My House. (34:00) This program, designed especially for kids, defines domestic violence and points out that it happens in many families in many different ways. It emphasizes that the abuser is the only person responsible for the violence. It urges viewers not to feel alone, and reminds them that help is available if violence is occurring in their family. (Marline Motion Pictures).  
*Not in Catalogue*
14. It's Not OK. Ben Savage from "Boy Meets World" talks to children about how prevalent domestic violence is and has children talk about their experiences and then talks about a safety plan. Designed for children 5 – 14 years of age. (American Bar Association, \$15).  
*Not in Catalogue*
15. Kids and Divorce. (Video & Teachers Guide) Real kids tell their stories in a group setting. Message: You are not alone. Designed for children 9 & up. Sunburst, 1995. (Sunburst Communications, \$89.95).  
*Not in Catalogue*
16. My New Boyfriend. (13:00) This is an amateur production developed as an education tool to create awareness for teens that may be experiencing dating violence and/or as a preventative measure to create awareness in teens in general. Cumberland County Transition House Association, 1995. \* Video YO50 Cum
17. No Means No!: A video about sex role stereotyping and sexual assault. (08:00) No Means No! is the result of a project designed to help teens address their educational needs around the issue of date and acquaintance rape. The project was based on a peer education model and all material was designed and performed by teens. Second Story Women's Centre, Nova Scotia, 1993. \* Video YO50 SSW

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\* Available for loan from the BCYSTH Library

18. No More Teasing. (14:00) (Video & Teacher's Manual) Uses scenarios to show strategies for dealing with bullies. Designed for children 6 – 8 years of age. Sunburst, 1995. (Sunburst Communications, \$69.95).  
*Not in Catalogue*
  19. Not Just Anybody. (27:09) (With Study Guide) Dating pressures and violence (acquaintance rape) from the perspective of a teenager. BC Council for the Family, 1992.  
*Not in Catalogue*
  20. Resiliency: How Kids Bounce Back from Adversity. Combines experts talking with young adults sharing their stories. Message: You can rise above your problems. Designed for children 14 and up. Sunburst Communications, 1996.  
*Not in Catalogue*
  21. Right From the Start. (23:00) A dramatic educational package to help teenagers define abuse and prevent violence in dating relationships. 1992. (Victoria Women's Transition House). \*  
Video YO50 Vic
  22. Rough Love. (56:00) An exploration of dating violence, using a panel, studio audience, interviews, and dramatizations. National Coalition Against Domestic Violence, 1994. \*  
Video YO50 Ros
  23. Scenes From A Shelter. A two-part video depicting life in a shelter through the eyes of children. Comes with a picture book/workbook and discussion guide. Pennsylvania Coalition Against Domestic Violence, 1992.  
*Not in Catalogue*
  24. Self-Esteem Workout Video. (30:00) Over 30 exercises to help raise self-esteem. Designed for high school children. (Source Resource, \$52).  
*Not in Catalogue*
  25. Sooper Puppy – Words Can Hurt. (19:00) Puppets and real people are used to show that verbal abuse hurts. Designed for children primary to grade 3. J. Gary Mitchell Film Co., 1995. (Source Resource).  
*Not in Catalogue*
  26. Tea for Two. (07:15) A powerful and delightful way of communicating the critical lessons of conflict resolution. Designed for younger children. (National Film Board).  
*Not in Catalogue*
  27. Teenagers, Stress and How to Cope. (37:00) (Video & Booklet) It shows teenagers in stressful situations and discusses healthy ways to cope (good for alcohol and drug prevention). Designed for children 10 & up. Sunburst, 1992. (Sunburst Communications, \$109.95).  
*Not in Catalogue*
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28. The Children's Voice. (30:00) A documentary about the pilot program of The Children's VOICE, a unique troupe of children, aged 9-16, all witnesses of violence in the home and formerly abused youth, who banded together for a common purpose, to collectively write and perform a play based on their life stories and concerns. The video captures their triumphant effort to break the cycle of violence for themselves and for other youth still in crisis. Marielle, Katherine. (Canadian Filmmaker's Distribution Centre).  
*Not in Catalogue*
29. The Crown Prince. (37:41) Billy is 15. For most of his life his family has kept a deadly secret – a secret of violence and of fear. Billy knows what it means to be a victim. When the secret is told, he comes to an explosive realization about what it means to be 'just like Dad'. A powerful drama looking at the real and pressing problem of wife assault from the perspective of the children. This video explores the difficult choices that have to be made and how the cycle of violence can be broken. Joe MacDonald, 1989. (National Film Board, \$39.95). \* Video CH30 Cro
30. The Guidance Club for Kids – Anger, Temper Tantrums and Violent Emotions. (22:00) Introduction to self-esteem building, peer pressure, motivation, responsibility, decision-making, and self-discipline. Designed for elementary school children. Reference Press, 1992. (Source Resource, \$140).  
*Not in Catalogue*
31. The Guidance Club for Kids – Coping With a Parent Who Drinks or Abuses Drugs. (22:00) Helps youngsters acquire skills to cope with life's pressures. Designed for elementary school children. Reference Press, 1992. (Source Resource, \$140).  
*Not in Catalogue*
32. The Power to Choose. (18:00) Five short compelling scenes explore the issues of power and violence in teenage dating relationships. (Kinetic Inc.).  
*Not in Catalogue*
33. Too Cool to Rule. (25:28) The video accompanies the ten-week long program "What About the Kids?" It contains ten 22-5 minute scenes used to focus discussion on the weekly themes related to power and control. A program for adolescents who have witnessed abuse and are now abusing. (Duluth Domestic Abuse Intervention Project). \* Video FA50 Dom
34. "Touching" Teacher's Kit. (Video, Teacher's Manual, Posters) Actors portray fun characters, showing scenarios and introducing the "Bill of Body Rights". Very popular! Designed for children 6 – 9 years of age. 1995. (The Community Child Abuse Council of Hamilton – Wentworth).  
*Not in Catalogue*
35. Tulip Doesn't Feel Safe. Methods children can use in unsafe or violent situations. About a little girl creature whose parents fight and what she does to feel better. Tulip learns a problem solving approach that she can use when violence occurs at home. Designed for children 4 – 8. 1993. (Johnson Institute, \$225 American).

*Not in Catalogue*

36. What About Us? (25:00) A video that is presented entirely from the children's point of view and is intended for use in a group counseling setting to help children talk about and cope with their own experiences of abuse and to reassure them that they are not alone. Viewers will observe how a child may develop a safety plan for dangerous situations. The drama will also show children learning to accept that they are not to blame for their parent's conflict and the violence at home, that help is available and that they can reach out for it. Hilary Jones-Farrow & Judith Blackwell, Friday Street Production Co., 1993. (B.C./Yukon Society of Transition Houses, \$200 or 2/\$350- see *Seen But Not Heard*). \* Video CH30 BCY1; VidCH30BCY1c.2; VidCH30BCY1c.3
37. When Should You Tell? (14:00) (With Teachers Guide). It shows a girl that is sexually abused by her cousin as she tells a teacher and then gets help. Designed for children in grades 3-5. Sunburst, 1995. (Sunburst Communications, \$69.95).  
*Not in Catalogue*
38. Why I Won't Do Drugs. (10:00) (With Teachers Guide). It has a catchy tune that stays in your head. Designed for children in grades 3-5. Sunburst, 1993. (Sunburst Communications, \$69.95).  
*Not in Catalogue*
39. Youth Violence: What's Out There. (50:00) Vignettes, discussions & facts about youth violence. Designed for teens. 1995. (Friday Communications Inc.).  
*Not in Catalogue*

**c. Adults and Professionals**

1. 1,2,3 Magic: Managing Difficult Behaviour in Children 2-12. Discipline with humor, keen insight, and proven experience. Easy steps. Designed for parents and professionals working with children discipline. Phelam, 1990. (Odin Books, \$62.95). Video FA00 Phe 1995
2. Discovering the Child Within: The Abuse of Pregnant Women and Their Children. (30:00) (Comes With Workbook) A video that explores the lives of women who have been battered during pregnancy, the effects on the woman, the fetus, on society, the family, and the professionals who serve them. Women in Crisis, 1992. Video WO10 Wic; WO10 Tow
3. Guidance and Discipline With Young Children. (22:00) Designed for childcare staff, this video offers support, continuing education and curriculum review in the area of behavior and discipline with young children. Video CH00 Hil
4. In Our Defence. (26:00) This drama/documentary poses the questions "Why would some people want to abuse others?" Told in a dramatic story line, this half-hour film is interspersed with documentary footage of statements from counsellors, police, and legal experts and reflects Canadian society and Canadian law. The film is for 15-25 year old

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\* Available for loan from the BCYSTH Library

women and men, in their formative adult relationships. The Image Works, Alberta, 1992. \*  
Video WO10 Wyn  
*Not on Shelf 02/17/06*

5. Insight: Healing from Abuse/Children Who Witness Abuse. This video is about children who witness abuse and the healing process that is associated with children who witness. Open Learning Agency, 1994. \* Video CH30 Ope
6. Make A Difference: How to respond to child witnesses of woman abuse. (21:40) Child witnesses of women abuse deserve special attention. It is estimated that three to five children in every school classroom are growing up in homes where their mother is beaten or otherwise abused by her partner. Even if the children themselves are not direct targets of the abuse, they are deeply affected by seeing or hearing abuse, by the attitude of the abuser, and by their own confused feelings about what is happening. London Coordinating Committee to End Woman Abuse, 1994. \* CH30 Vid c.1; CH30 Vid c.2  
*Not on shelf 02/17/06*
7. No Small Matter. (28:00) A video on family violence in Punjabi (with English subtitles). Designed for parents. (Public Legal Education Society: The People's Law School). \* Video FA50 Nos
8. Parent's Guide to Selecting Childcare. (20:00) Is presented to help parents in their search for childcare. There are almost as many possibilities as there are individual needs and this video helps parents focus on the type of childcare that is best suited to their children and to their family situation. \* Video CHOO Hal
9. Seen But Not Heard. (29:00) (With Study Guide) A docudrama for general audiences and those who work with children, abused women, and assaultive men. It explores the many serious emotional and physical effects on children who witness violence in their homes. This video combines documentary interviews with dramatized scenes. The docudrama focuses on the point of view of the child who unwillingly witnesses violence. It explores the many serious emotional and physical effects which violence can have upon its indirect victims, the children for whom home is not a safe place. This video provides valuable information for any professional working with children, abused women, and assaultive men and is suitable for general adult audiences who have been properly briefed. Hilary Jones-Farrow & Judith Blackwell, Friday Street Production Co., 1993. (B.C./Yukon Society of Transition Houses, \$200 or 2/\$350- see What About Us?). \* Video ccCH30BCY2c.1
10. Soft is the Heart of a Child. By Claudia Black. (B.C. Prevention Centre)  
*Not in Catalogue*
11. Techniques of Play Therapy. (50:00) (A Clinical Demonstration) Video and 24 page manual, program manual, and discussion guide. \* Video TH70 Web

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\* Available for loan from the BCYSTH Library

12. The Family Mirror. (20:00) (Video & Manual) The video and accompanying manual show one families attempt to bring honest communication into their daily lives. The family's routines and their interactions give a clear reflection of their life together. Janice, Robert, Vanessa (teen), and Alexander (age 10) invite you to share their lives with them. The parents, Janice and Robert, each have a child from a previous marriage. We not only view their family life, but also hear their private thoughts and feelings. This video is designed to help people discover ways to strengthen their own family relationships, by connecting with their feelings and communicating from them. (The Dallas Society, \$50.00 plus \$5.00 postage)

*Not in Catalogue*

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## 6. Videos Available for Loan at B.C./ Yukon Society's Library

1. Children First. Children First is suitable for viewing by the whole family. It is an opportunity for adults and children to sit together and discover the fundamental rights of children everywhere – to a family, food, shelter, peace, and dignity. Video CH00 Nat
2. Children of the Lie. This video is about children who witness abuse. V CH 30 PBA
3. Deafness and Learning. This closed-captioned video contains parts one and two of a series of videos on hearing impaired children. Video CH00 Min1; Video CH00 Min6; Video CH00 Min3; Video CH00 Min4
4. Dinner for Two. This animated film tackles conflict in lively, humorous and provocative ways. It shows that amidst the chaos that differences create, there are still paths to reconciliation. Video CH50 Nat
5. Effects on Children Who Witness Family Violence. Video on the effects on children who witness family violence. Dialogue is in Punjabi. Video CH30 Fam
6. Enfantillage – Kid Stuff. (05:53) A child sits at his desk, quietly humming as he draws. In the next room, his parents are talking. Their voices grow louder . . . a fight is brewing. The child's drawings convey the impact of his parents' quarrel with far greater intensity than words could ever manage. This powerful short film combines drawings and puppet animation. Video CH30 Enf
7. Good Things Can Still Happen. (24:22) Good Things Can Still Happen is a guide for therapists and other professionals to use when working with sexually abused children. This is meant to help ages 6 to 12 that have already disclosed abuse. Video CH20Scu2c1; Video CH20Scu2c2  
*Not on Shelf*
8. Good Things Too. (47:23) Good Things Too is a compelling drama about five teens struggling to survive sexual abuse. As Hank, Tina, Janine, Melissa, and Mike's intimate stories unfold, we are drawn into their past through animated flashback sequences. This

journey evokes painful and difficult memories as well as moments of triumph and success.  
Video CH20 Scu1

9. Guidance and Discipline With Young Children. (22:00) Designed for childcare staff, this video offers support, continuing education, and curriculum review in the area of behavior and discipline with young children. Video CH00 Hil
10. Hidden Feelings. (14:30) A video for and about child witnesses of family violence.  
Video CH30 Cen
11. Insight: Healing From Abuse. This video is on children who witness abuse and the healing process that is associated with children who witness. Video CH30 Ope
12. Listen To the Children. A short music video on children's human rights. Video CH00 Chi
13. Little Voice in the Dark. (06:48) Written from an Aboriginal perspective, this story is about a child trying to understand his friend's family problems. In answer to his questions, his mother takes the time to tell him the story of her own family history – a story of growing up in an environment where there was alcoholism, violence, and little support. Video CH10 Lit
14. Never Shake a Baby. (18:00) An educational video to help parents and caregivers deal with the stresses of infant care without causing injury. Video CH10 KCO
15. Parent's Guide to Selecting Childcare. This video, a companion piece to the Ministry of Health booklet by the same name, is presented to help parents in their search for childcare. There are almost as many possibilities as there are individual needs and this video help parents focus on the type of childcare that is best suited to their children and to their family situation. Video CH00 Hal  
*Not on Shelf*
16. Seen But Not Heard. (29:00) A docudrama about the serious emotional and physical effects on children who witness their mothers being abused. Video CH30 BCY1;  
VidCH30BCY1c.2; VidCH30BCY1c.3
17. Silence and Storm: Voices from Kids in Crisis. (53:00) It is about the lives of "system kids" who have been abused and neglected and it takes place in the Laurentian Mountains of Quebec. It documents two months in the lives of 10 kids at a unique summer camp. Video CH30 Nat
18. Tell It! (30:00) This video deals with child abuse and with children who witness abuse from the child's point of view.  
*Not in Catalogue*
19. The Crown Prince. (37:41) Billy is 15. For most of his life his family has kept a deadly secret – a secret of violence and of fear. Billy knows what it means to be a victim. But when the secret is told, he comes to an explosive realization about what it means to be "just like Dad". A powerful drama looking at the real and pressing problem of wife assault from the

perspective of children. The Crown Prince explores the difficult choices, which have to be made – and how the cycle of violence can be broken. Video CH30 Cro

20. The Person Within. This video gives strategies for recognizing and preventing abuse of children and young people with disabilities. Video CH10 BCI
  21. What About Us? (30:00) A group counseling tool to help children cope with the experience of having witnessed their mothers being abused. Video CH30 BCY1; VidCH30BCY1c.2; VidCH30BCY1c.3
  22. When the Dust Settles. (07:00) This video tackles conflict in lively, humorous, and provocative ways. It is part of the Show Peace series of animated films without words designed as flexible tools to explore conflict resolution. Video CH00 Jon  
*Not on Shelf*
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## 7. Games

### a. Books of Games

1. In Control: A Book of Games to Teach Self-Control Skills. Teaches children such skills as: listening to others, following rules, and cooperation. Designed for children age 5 and up. Lawrence Shapiro, 1995. (Source Resource, \$63).  
*Not in Catalogue*
2. I Love You Rituals. A book of fun activities for parents and children to encourage cooperation and decrease power struggles. Designed for younger children. Becky Bailey, 2000.  
*Not in Catalogue*
3. Self-Esteem Games. This book contains 300 fun activities that make children feel good about themselves. Designed for children of all ages. Barbara Sher, 1998. (Source Resource, \$37 or Odin Books, \$23.95).  
*Not in Catalogue*

### b. Games

1. Angry Animals. A fun and exciting way to show kids how to handle life's big and little problems without aggression. Designed for kids aged 4 – 12. (Source Resource, \$60). AV CH50 Mar
2. Breakaway: The Anti-Violence Game. This educational game helps to teach adolescents about abuse and helps them find non-violent ways to handle anger. Designed for ages 10 – 16. Patti Waldo. (Source Resource, \$65).  
*Not in Catalogue*
3. Let's Go Fish A Memory. The game can be used to enhance a child's ability to identify and express feelings. Respect and acceptance of each players' feelings and experiences are

essential for the development of self-esteem and positive communication skills. Designed for any age. (Blue Heron Productions, \$40 or Odin Books, \$50).

*Not in Catalogue*

4. My Homes and Places. Designed for ages 4 – 14. Nancy Flood. (Kidsrights).  
*Not in Catalogue*
5. Snakes & Ladders: A Moral Journey. This variation of the traditional snakes and ladders game is a playful way to initiate discussions on ethical issues, moral values, and behavior. It provides the opportunity to explore the feelings related to a wide variety of personal experiences. Designed for any age. (Blue Heron Productions, \$40 or Odin Books, \$45).  
*Not in Catalogue*
6. The Anger Solutions Game. This game helps children learn to control their behavioral responses to anger. Designed for ages 7 – 12. 1996. (Odin Books, \$84.95).  
*Not in Catalogue*
7. The Dinosaur's Journey to High Self-Esteem. This game turns low self-esteem into positive self-image. Designed for ages 3 – 12. (Source Resource, \$75).  
*Not in Catalogue*
8. The Dragon Game. This game encourages storytelling about different sorts of anger as well as other closely related feelings such as anxiety, frustration, and embarrassment. Designed for ages 4 – 16. Blue Heron Productions. (Odin Books, \$50).  
*Not in Catalogue*
9. The Goose Game of Feelings. The aim of the Goose Game is to provide a playful opportunity for children to explore and express their feelings. It provides an informal structure for personal storytelling, focussing on the emotional life. Designed for any age. (Blue Heron Productions, \$40 or Odin Books, \$50).  
*Not in Catalogue*
10. The Helping, Sharing and Caring Game. This game introduces and reinforces empathy, caring, and sharing skills. Designed for ages 4 – 11. Richard A. Gardner. (Odin Books, \$84.95 or Source Resource, \$105).  
*Not in Catalogue*
11. The Hopscotch Game of Playground Situations. This board game addresses a great number of inter-personal issues that arise on the playground and elsewhere. The emphasis of the game is on the identification of personal feelings and the cooperative brainstorming of solutions. Designed for ages 5 – 15. (Blue Heron Productions, \$40 or Odin Books, \$50).  
*Not in Catalogue*
12. The Peace Path. A game designed for children from violent, abusive, or dysfunctional families. Designed for ages 6 – 14. Lisa Marie Barden, 1999. (Source Resource, \$75).  
*Not in Catalogue*

13. The Play It Safe Game. This board game addresses a wide range of child safety issues, including motor vehicle safety, violence from peers and sexual abuse. It is useful for familiarizing children with unsafe situations and as a tool for developing safe strategies. Designed for ages 5 – 15. (Blue Heron Productions, \$40 or Odin Books, \$50).  
*Not in Catalogue*
14. The Stress Less Game. Designed for ages 7 – 12. 1997. (Odin Books).  
*Not in Catalogue*
15. The Talking, Feeling and Doing Game. A psychotherapeutic game for children. Designed for ages 4 – 15. Richard A. Gardner. (Odin Books, \$69.95).  
*Not in Catalogue*
16. The Ungame. This non-competitive game can be a great icebreaker or a serious exchange of thoughts, feelings, and ideas. Designed for ages 5 – adult. Talicor Inc., 1997. (Odin Books, \$27.95).  
*Not in Catalogue*

### **c. Play Therapy Tools**

1. Craft Materials (crayons, paints, felts, glue, clay, beads, etc.). Designed for children of all ages.
2. Lego. Designed for children of all ages. Lego is great to get kids, especially boys, talking.
3. Wooden Doll House (complete with people, furnishing, etc.). Designed for children of all ages.

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## **8. Order Information**

American Bar Association  
1-888-285-2221  
<http://www.abanet.org/>

B.C. Prevention Centre  
#108 – 96 East Broadway  
Vancouver, B.C. V5T 1V6  
Ph: 1-800-663-1880

B.C./Yukon Society of Transition Houses  
507 – 475 Howe Street  
Vancouver, B.C. V6C 2B3  
Ph: (604) 669-6943  
Fx: (604) 682-6962  
[www.bcysth.ca](http://www.bcysth.ca)

Blue Heron Productions  
204 Chatham Street  
Nelson, B.C. V1L 3Y9  
Ph: (250) 352-5641  
Fx: (250) 352-5911  
[www.blueherongames.com](http://www.blueherongames.com)

Canadian Filmmakers Distribution Centre  
67A Portland Street  
Toronto, Ontario M5V 2M9  
Ph: (416) 593-1808  
Fx: (416) 593-8661  
<http://www.cfmdc.org/>

Chapters  
[www.chapters.ca](http://www.chapters.ca)

Children's Aid Society  
P.O. Box 6010  
Depot 1  
London, Ontario N5W 5R6  
Ph: (519) 455-9000

Cumberland County Transition House Association  
Box 1141  
Amherst, Nova Scotia B4H 4L2

Duluth Domestic Abuse Intervention Project  
206 West Fourth Street  
Duluth, Minnesota 55806  
Ph: (218) 722-2781  
<http://www.duluth-model.org/>

Firefly Books Ltd.  
3680 Victoria Park Avenue  
Willowdale, Ontario M2H 3K1  
<http://www.fireflybooks.com/>

Friday Communications Inc.  
Ph: (604) 986-0252

Gastown Post and Transfer  
50 West 2<sup>nd</sup> Avenue  
Vancouver, B.C. V5Y 1B3  
Ph: (604) 872-7000  
Fx: (604) 872-2106

Institute for Stuttering Treatment and Research

Ph: (780) 492-2619

Fx: (780) 492-8457

[www.ualberta.ca/~istar/](http://www.ualberta.ca/~istar/)

Johnson Institute

7205 Ohms Lane

Minneapolis, Minnesota

Ph: 1-800-231-5165

<http://johnsoninstitute.org/>

Kidsrights

10100 Park Cedar Drive

Charlotte, North Carolina 28210

Ph: 1-800-892-5437

Fx: (704) 541-0113

<http://www.kidsrights.info/>

Kinetic Inc.

Ph: (416) 963-5979

<http://www.kineticvideo.com/>

London Family Court Clinic

Suite 200, 254 Pall Mall Street

London, Ontario N6A 5P6

Ph: (519) 679-7250

Marlin Motion Pictures

Ph: (416) 890-1500

<http://www.marlineducation.com/>

National Film Board, Sales and Customer Services

P.O. Box 6100, Centre Ville

Montreal, Quebec H3C 3H5

Ph: 1-800-267-7710

Fx: (514) 2283-7564

[www.nfb.ca](http://www.nfb.ca)

Odin Books

1110 West Broadway

Vancouver, B.C. V6H 1G5

Ph: 1-800-223-6346

Ph: (604) 739-8804

Fx: (604) 739-8874

[www.odinbooks.ca](http://www.odinbooks.ca)

Publications Health Canada

Ph: (613) 954-5995

Source Resource  
998 Bloor Street West  
P.O. Box 10546  
Toronto, Ontario M6H 4H9  
Ph: 1-888-413-3339  
<http://www.sourceresource.com/>

South Okanagan Women in Need Society  
Box 427  
Penticton, B.C. V2A 6K6  
Ph: (250) 493-4366  
Fx: (250) 493-3158

Sunburst Communications  
Ph: 1-888-665-8300  
<http://www.sourceresource.com/>

The Community Child Abuse Council of Hamilton-Wentworth  
Ph: 1-800-470-2111

The Dallas Society  
304 – 1094 McKenzie Avenue  
Victoria, B.C. V8P 2L5  
Ph: (250) 727-3544  
Fx: (250) 727-2205  
<http://www.dallassociety.com>

The Department of Justice Canada,  
Communication and Public Affairs  
Ottawa, Ontario K1A 0H8  
Ph: (613) 957-4222  
Fx: (613) 954-0811  
<http://canada.justice.gc.ca/en/>

The Domestic Abuse Project  
204 West Franklin Avenue  
Minneapolis, Minnesota 55404  
Ph: (612) 874-7063  
<http://www.domesticabuseproject.org/>

The Public Legal Education Society: The People's Law School  
900 Howe Street  
Vancouver, B.C. V6Z 2M4  
Ph: (604) 688-2565

<http://www.publiclegaled.bc.ca/>

The Society for the Prevention of Child Abuse and Neglect  
#216 – 740 4<sup>th</sup> Avenue South  
Lethbridge, Alberta T1J 0N8  
Ph: (403) 3220-9040

Thompson Books  
[www.thompsonbooks.com](http://www.thompsonbooks.com)

Victoria Women's Transition House  
Box 5986, Station B  
Victoria, B.C. V8R 6S8  
Ph: (250) 380-7527  
Fx: (250) 385-5129  
<http://www.transitionhouse.net/>

YM-YWCA of Winnipeg  
Osborne House Branch  
C/o 100 – 290 Vaughan Street  
Winnipeg, Manitoba R3B 2N8  
<http://www.ymcaywca.mb.ca/>

YWCA of Lethbridge  
604 – 8<sup>th</sup> Street  
Lethbridge, Alberta T1J 2K1  
Ph: (403) 329-0088  
Fx: (403) 327-9112  
<http://www.ywcalethbridge.org/>